ProTrainings hereby certifies that

ROWAN SPEERS

has successfully completed Mental Health in the Workplace Level 2 (VTQ) Training

This certification includes the following objectives and is in accordance with the ProTrainings Mental Health in the Workplace Level 2 (VTQ) Curriculum

- Mental health and mental ill-health
- Mental well-being
- Risk factors and mental health
- Mental ill-health at work
- Legislation and Mental Health
- Empathy
- Confidentiality
- Wellness action plan
- Supporting people back to work
- Stigma and discrimination
- Perception of mental health
- Anxiety, phobias, depression
- Bipolar and schizophrenia
- Unidentified mental health
- Managing stress

Date Issued: 15 Nov 2024 **Renewal Date:** 14 Nov 2027

Certificate Number: 173210405601443

Instructor: STEVEN SADLER

Registry #: 3005706

Validate Cert