



Sports First Aid Level 3 (VTQ)

a ProTrainings.uk course

This card certifies that the individual has successfully completed the ProTrainings Evaluation in accordance with Sports First Aid Level 3 (VTQ) Curriculum, current ERC/UK Resus Council, HSE guidelines and delivered in Accordance with Currently Accepted First Aid Practice

ANDREW BARNES

has successfully completed Sports First Aid Level 3 (VTQ)
Training

Date Issued: **01 Oct 2026** Renew By: **30 Sep 2029**
Certificate # **179085195807201**

This certification includes the following objectives and is consistent with national guidelines, current ERC/UK Resus Council, HSE guidelines and delivered in Accordance with Currently Accepted First Aid Practice

- Fears of First Aid
- Recovery Position
- Adult, Child, Infant CPR
- Heart Attack and Stroke
- Bleeding Management
- Choking Management
- Dental & Minor Injuries
- Head and Eye Injuries
- Seizures & Burns
- Heat and Cold Emergencies
- Allergic Reaction
- Spinal Injury, Strains and Sprains
- Fractures & Dislocations
- Illnesses & Injuries
- Cramp and exercise

Validate Cert



Instructor: **KEITH SLEIGHTHOLM**

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